



World Autism Awareness Month - Activities to Celebrate the Spectrum

Introduce Autism

Introduce what autism and normalize our differences. We all think, feel and experience the world differently.

[Amazing Things Happen](#) - An introduction to autism that aims to raise awareness among young non-autistic audiences, to stimulate understanding and acceptance in future generations.

[Nancy Learns About Autism](#) - Fancy Nancy, Disney Jr.

[Meet Julia on Sesame Street](#) - Julia has autism, and she and Elmo share a great friendship.

Create Using Sensory Items

Create and use sensory items in your classroom. Discuss/reflect with students why they are important and effective for people with autism.

[What is a sensory toy and how do they help?](#)

[Stress Creatures](#)

[Sensory Bottle](#)

[Weighted Lap Buddy](#)

Read

Reading is a great way to promote autism awareness, acceptance of others and the beauty of neurodiversity.

[Top Autism Children's Books 2022](#)

Print and Share

[Friendship Fact Autism Awareness Bookmarks](#)

Learn About Fantastic People With Autism

Students can benefit from hearing the experiences of same age peers living with autism. It provides them an opportunity to practice compassionate listening and reflect with empathy.

[5 Questions About Autism](#) - Youth with autism answer questions about what it's like, their answers will surprise and enlighten you.

[Inside the Autism Spectrum](#) - This Autism Speaks film delves into just how unique every individual with autism spectrum disorder is.

[What it's Really Like to Have Autism](#) - Ethan Lisi offers a glimpse into the way he experiences the world. Lisi breaks down misleading stereotypes about autism, shares insights into common behavior like stimming and masking and promotes a more inclusive understanding of the spectrum.

[Behind The Mask: Autism for Women and Girls](#) - Kate Kahle is a woman with autism and an advocate for autism acceptance. She promotes autistic self-love and helps neurotypical individuals see autism not as a tragedy or disease but for what it is, a lifelong genetic developmental disability that is just another way of thinking and being in the world.