

Holy Cross School Council is hosting a presentation and Q&A session on

Teen Stress and Distress



For parents who want to learn how to help teens cope with stress and distress

Featuring a presentation by

Dr. Mike Condra,

Department of Psychology, Queen's University

Wednesday, February 29, 2012 • 7:00pm • Holy Cross Catholic Secondary School • Admission is Free

1085
Woodbine Road
Kingston



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